

OUSC u9 PROGRAM & TRAVEL TEAM TRAINING SCHEDULE 2024

ALL SESSIONS AT OCEANSIDE PARK – 12 WEEKS

Week 1 8/19-23

Week 2 8/26-30

Week 3 9/2-9/6 (9/2 sessions will be held 9/30)

Week 4 9/9-9/13

Week 5 9/16-20

Week 6 9/23-27

Week 7 10/7-10/11(10/11 intrasquad games will be held 10/1)

Week 8 10/14-18

Week 9 10/21-25

Week 10 10/28-11/1

Week 11 11/4-11/8

Week 12 11/11-11/15